

# Celery Cucumber Juice

Time: 10 minutes

Servings: 2 glasses

Level: Easy

## Ingredients:

- o 1 bunch organic celery
- o ½ English cucumber

## Directions:

- 1) Wash and clean the **celery**. Trim the ends, but you do not need to cut off the leaves. They can be juiced.
- 2) Wash the **English cucumber**.
- 3) Place the **celery** and **cucumber** in a juicer. Mix the juice in the pitcher with a spoon and pour into two glasses.