

Kale Brussels sprouts Caesar Salad

350° oven sprouts.

4 $\frac{1}{2}$ - 4 $\frac{1}{2}$ cups - avocado

1 Tablespoons ~~olive oil~~ ^{oil}

$\frac{1}{4}$ t. salt $\frac{1}{8}$ b.p.

~~to $\frac{1}{2}$ mins~~ ~~$\frac{1}{2}$ mins~~ ^{to $\frac{1}{2}$ minutes}

1 thing of lasinato kale
wash.

2T mayo ✓

2T O.O. ✓

2 cloves garlic

2 t. lemon juice

2T PAMO ✓